

Seven Dolors Youth Newsletter

Holy Week

Holy Week. If Lent was like basketball season, Holy Week would be the National Championship Game. The event that we have spent six weeks preparing for is almost here! This is the week where Christ gave us the sacrament of the Eucharist, instituted the Mass, and opened the gates of heaven! What else can we do but celebrate? But instead of celebrating with screaming fans, championship rings, and press tours, we celebrate with light, music, love, and hope for eternal life. What a wonderful way to end our Lenten season.

April

Saints & Feasts

2nd - St. Francis of Paola

4th - St. Isidore

10th - Palm Sunday

15th - Good Friday

17th - Easter

25th - St. Mark

29th - St. Catherine of Siena

Getting the most out of Holy Week

Holy Week is such an important part of our Catholic faith, and the liturgy that forms the Masses and services is beautiful. So how do we get the most out of Holy Week?

1. Take notes during the sermon and discuss them with your family.
2. Make Hot Cross Buns! A tasty way to begin your day.
3. Do something special for your parents. Christ washed the feet of his disciples, what is something that you can do to show your parents your love for them?

A Prayer for Holy Saturday

Jesus, you are courage
incarnate.

As you hung on the cross for my
sins, and the sins of the world,
you showed me that all things
are possible.

You knew that life did not end of
the cross. It was only the
beginning of a new and glorious
eternal life.

Amen.

